Aikido Kokikai Northeast Region Seminar 2016

11th—12th June, 2016

Bremer State High School, Warwick Rd, Ipswich

- Brisbane
- Bullockhead Creek
- Lismore
- Tamworth
- University of Queensland

The 2016 seminar is hosted by UQ dojo All enquiries: contact Steve 0407 621 066



Saturday 11 June 2016		Sunday 12 June 2016	
08:30	Arrival and Registration	07:00	Breakfast
09:00	Kids Classes (4-6 Yrs)	08:30	Weapons training at
09:30	Kids Classes (7-9 Yrs)		Nerima Japanese
10:00	Kids & Adults (10 Yrs+)		Gardens and Photo
10:30	Group Photo & Morning Tea	10:00	Break
11:00	Adults Training	10:30	Training
12:30	Lunch	12:00	Lunch
13:30	Weapons Kata & Training	13:00	Training
15:30	Break	14:30	Grading
15:45	Training	15:00	Pack-up
17:15	Pack-up		Safe travel home
18:30	Social event		

- *\$70**
- 10 hours of training time
- Instruction from the highest ranking teachers in Australia
- Accommodation **
- Morning tea x2
- Afternoon Tea
- Lunch x 2
- Meet Aikidoka from other dojos

Presented by Michael Sinagra, 5th Dan



The dojo leaders of South East Queensland and Northern NSW Kokikai invite you to attend a regional seminar. The 2016 annual seminar will be hosted by UQ dojo and will be held at:

Bremer State High School, Warwick Road, Churchill (Ipswich).

These seminars aim to promote fellowship amongst the students of our region and to give the opportunity for students to improve technique and to learn from high-ranking teachers of Kokikai in Australia. All Kokikai students are invited to this event and especially students from Lismore, Brisbane, Bullockhead Creek, Tamworth and University of Queensland dojos.

Registration and accommodation

Registration for the event is \$80. (early bird registration is \$70 *payable by 27 May 2016).

Registration is fully inclusive of accommodation** (indoor camping) and meals during training breaks. Saturday social event is not included.

Travel

Bremer State High School is located on Warwick Road, Ipswich, please consult google for directions. Travel is not covered by registration. Please see your dojo leader if you require assistance with this.

What to bring

Please bring your gi (2 recommended), bokken and jo, water bottle, small towel and mat-side foot-wear. Please bring camping style bedding e.g. inflatable mattress, sleeping bag, pillow. Please bring a change of clothes for Saturday social event and overnight toiletries as appropriate.

Some sleeping materials will be available for interstate travellers or as required and as available.

Please see your dojo leader about payment plans, sponsorships and financial stress. Our aim is to ensure this event is accessible to all Kokikai students.

Payment options for Registration \$80 or \$70 Early Bird by 27-5-16 (preferred)

Option 1: Bank transfer (preferred) BSB 084-259 A/C 48-757-6908 include your name and dojo as reference Please email confirmation and dietary requirements to admin@uqaikido.org.au

Option 2: Pay at the seminar—See Nathan on the day