## Aikido Kokikai Australia

Saturday 11 July 2015		Sunday 12 July 2015	
09:00	Arrival and Registration	07:00	Breakfast
	Set-up	08:30	Weapons training at Nerima Japanese Gardens and Photo
10:00	Training		
11:00	Break		
11:15	Training	10:00	Break
12:30	Lunch	10:30	Training
14:00	Training	12:00	Lunch
15:30	Break	13:00	Training
15:45	Training	14:30	Grading
17:00	Pack-up	15:00	Pack-up
18:30	Social event		Safe travel home

# Registration Name Dojo Dietary

Please see your dojo leader about payment plans, sponsorships and financial stress. Our aim is to ensure this event is accessible to all Kokikai students.

Payment options for Registration

\$80 or \$70 Early Bird by 12-6-15 (preferred)

Option 1: Bank transfer (preferred) BSB 084-259 A/C 48-757-6908

include your name and dojo as reference

Please email confirmation number to <a href="mailto:admin@uqaikido.org.au">admin@uqaikido.org.au</a>

Option 2: Pay at the seminar—See Nathan on the day

### Northeast Regional Kokikai Seminar 2015

Brisbane
Bullockhead Creek
Lismore
Tamworth
University of Queensland



With
Michael Sinagra, 4th Dan
And
Glen Davison, 4th Dan

- \$70
- 10 hours of training time
- Instruction from the highest ranking teachers in Australia
- Accommodation \*\*
- Morning tea x2
- Afternoon Tea
- Lunch x 2
- Meet Aikidoka from other dojos

The 2015 seminar is hosted by UQ dojo All enquiries: contact Steve 0407 621 066

11th—12th July, 2015

Bremer State High School, Warwick Rd, Ipswich

The dojo leaders of South East Queensland and Northern NSW Kokikai invite you to attend a regional seminar. The 2015 annual seminar will be hosted by UQ dojo and will be held at:

#### Bremer State High School, Warwick Road, Churchill (Ipswich).

These seminars aim to promote fellowship amongst the students of our region and to give the opportunity for students to improve technique and to learn from high-ranking teachers of Kokikai in Australia. All Kokikai students are invited to this event and especially students from Lismore, Brisbane, Bullockhead Creek, Tamworth and University of Queensland dojos.

#### Registration and accommodation

Registration for the event is \$80. (early bird registration is \$70 \*payable by 12 June 2015).

Registration is fully inclusive of accommodation\*\* (indoor camping) and meals during training breaks. Saturday social event is not included. Students must also be currently registered with AKA.

#### Travel

Bremer State High School is located on Warwick Road, Ipswich, please consult google for directions. Travel is not covered by registration. Please see your dojo leader if you require assistance with this.

#### What to bring

Please bring your completed registration form, gi (2 recommended), bokken and jo, water bottle, small towel and mat-side foot-wear. Please bring camping style bedding e.g. inflatable mattress, sleeping bag, pillow.

Some sleeping materials will be available for interstate travellers or as required and as available.

#### Aikido Resume — Michael Sinagra, 4th Dan

Michael Sinagra was born in 1964 and graduated from Edith Cowan University before starting his professional career as a school teacher. He studied Shotokan Karate for 12 months before going to Japan in 1990. In Japan he met and studied under Maruyama Shuji (President and founder of Kokikai Aikido) at the Kokikai Hombu dojo in Nagoya, Japan. He trained intensively there with Maruyama Sensei until 1994, being awarded his 1st Dan and a teaching licence just prior to leaving Japan in April of 1994. En route back to Australia, he spent 3 months travelling across Canada, training in various Dojos. On returning to Perth, Australia, he opened the first Kokikai Dojo in Western Australia. Without a mentor and afraid of not growing his Aikido, he returned to Hombu dojo in Japan for short training trips each year after that. On one such trip he learned of another Kokikai Dojo in Sydney. After talking to Tony Davies and Glen Davison from the Sydney Kokikai Dojo, Mike, Tony and Glen established the national Kokikai body, Aikido Kokikai of Australia in 1996. Awarded 2nd Dan in 1997, Mike become part of a collegiate network with Freddy Appel and Katie Noad, who provided him great support as he established his dojo. The Perth Aikido friendship seminars, first hosted by Keishin Kan Aikido, were born out of this association. He participated and performed a demonstration at the first Aikido Friendship Seminar, in Perth and has since hosted the Friendship Seminar. Mike was awarded a 3rd Dan in 2002. In 2003 he returned to Japan for another 12 months of study at the Nagoya Hombu Dojo. In 2004 he performed a demonstration at the inaugural Kokikai International Conference in front of Aikidoka from around the world, and since demonstrated in 2008 and 2010. He was awarded 4th Dan in 2009.

#### Aikido Resume — Glen Davison, 4th Dan

Glen Davison began learning Kokikai Aikido from Shuji Ozeki Sensei in Sydney in 1990, soon after the founding of the club. He is one of the earliest students of Ozeki Sensei still training, and was one of the handful of students who took over teaching and running the club in 1993. He has taught aikido continuously since, and founded three other aikido clubs in Sydney. Glen has learned from Ozeki Sensei and Maruyama Sensei in Australia and Japan, and served as president and vice president of Aikido Kokikai Australia.

Glen has also studied several other martial arts, health systems, and Oriental massage.